



Rich Task Tool Sheet
Jeet Jet? Vegetable Pizza

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Have you ever thought about the food you eat?

Vegetable Pizza Recipe

Ingredients

- 1 pre-made pizza crust, such as Boboli
1 (8 ounce) package cream cheese, softened
2/3 cup mayonnaise
1 package of powdered Ranch dressing
1 small onion, finely chopped
1 stalk celery, thinly sliced
1/2 cup halved and thinly-sliced radishes
1 red bell pepper, chopped
1 1/2 cups fresh broccoli, chopped
1 carrot, grated

Directions

- Place pre-made pizza crust on a serving dish or platter
In a medium-sized mixing bowl, combine cream cheese, mayonnaise and powdered Ranch dressing.
Spread this mixture on top of the crust.
Arrange the onion, celery, radish, bell pepper, broccoli and carrot on top of the creamed mixture.
Cover and let chill. Once chilled, cut it into squares and serve. Serves 15.

Questions

1. Have you ever thought about the food that you eat?

How does it bring friends and family together? \_\_\_\_\_

How does it connect you to your community? \_\_\_\_\_

2. Where did our ingredients come from?

Were they produced in another country, in this country, in this region or even from someone's backyard garden? \_\_\_\_\_

How do you think they got here? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. What food groups are represented in this recipe? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. How could we adapt the recipe to make it even more nutritious? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. How could you change this recipe to experiment with new flavor combinations? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6. How many people does this recipe serve? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How do you change the amount of each ingredient to accommodate:

10 people? \_\_\_\_\_  
\_\_\_\_\_

20 people? \_\_\_\_\_  
\_\_\_\_\_

The entire class? \_\_\_\_\_  
\_\_\_\_\_

7. How might you serve more people from the same size recipe? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What are other ways to distribute/serve this dish? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_